



Quilt Length

Small	Regular	Long
$L < 167$ cm	$L < 183$ cm	$L < 195$ cm

The length measurement refers to the total distance from the bottom of the footbox to the cinch cord at the neck. Stomach sleepers are recommended to add 10 cm to their total length measurement. A *relaxed fit* quilt provides full coverage, including your head, matching your full body length. A *performance fit* (your body length minus 17 cm) ends around your neck, saving weight and materials — ideal for minimalists.

Quilt Width

Slim	Regular	Wide
$W < 127$ cm	$W < 137$ cm	$W < 147$ cm

If you move around a lot while sleeping, a slightly wider quilt can help prevent drafts and keep you comfortable throughout the night.

Footbox width

Slim	Regular	Wide
96 cm	102 cm	112 cm

Choose based on your preferred sleeping style. A slim footbox suits most people, but if you move a lot in your sleep or like extra room, consider a regular or wide option.